



Instructors:

Chris Olean / Head Baseball Coach University of St. Thomas

- 2010 team lead all of NCAA in team ERA (2.41) and has been amongst the national leaders in each of 12 seasons as a coach
- Has coached 10 players who have gone on to play professionally
- 17th Round Draft pick of Milwaukee Brewers
- Spent 3 seasons playing with both the Brewers and the St. Paul Saints

Matt Schuld / Pitcher Minnesota Twins

- Pitcher in Minnesota Twins Organization, Currently in AA New Britain & was FSL league player of the week this past season
- 2 time first team All American

Kris Edwards / Pitcher St. Paul Saints

- UST career saves leader
- Current St Paul Saints Player

Pat Casey / Assistant Coach – Catcher University of St. Thomas

- Assistant Coach at UST for 4 seasons working as recruiting coordinator and catching coach

John Buteyn / Assistant Coach University of St. Thomas

- All MIAC Player & Coach of the Eden Prairie Legion team

UST Players & Coaches

- UST has won 9 consecutive MIAC Championships & advanced to The NCAA regional in 15 of the last 16 seasons including (2) NCAA Division III national championships (2001 & 2009)

2012 UST BASEBALL PITCHING & CATCHING CAMP

DATES:

Sundays - January 8th – 15th – 22nd – 29th

TIME:

(Weekly) 7:00-9:00pm

LOCATION:

University of St. Thomas
(NEW Anderson Athletic & Recreation Center)

AGE GROUPS & CAMP SIZE:

6th -12th grade

We will accept the first 34 pitchers and the first 20 catchers – so register today!

COST:

\$300.00 for the 4 session camp

CAMP DESCRIPTION:

The UST pitching and catching clinic is designed to work with the athlete over 4 weeks allowing for the individual to retain information and see measurable results over the course of the program. Our goal is to educate you on pitching and catching mechanics so you can be your own best coach!

Pitchers during their 5 weeks will be videotaped on a regular basis for comparison and evaluations, throw to catchers, throw off mounds, and are radar gunned. You will see your velocity improve, arm health improve, and your control improve over the 4 weeks. Understanding your mechanics is the key to improvement on your own!

Catchers will work on all aspects of catching: throwing, blocking, receiving, pitch selection, and hitting. Catchers will learn drills and exercises to get them ready for the season as well as keep their technique sharp throughout the season.

We would love to have you at our camp – Go Tommie's!!



2012 PITCHING & CATCHING CLINIC REGISTRATION

Name: _____

Address: _____

School: _____

Contact # _____

Email _____

Grade & Age _____

T-Shirt Size _____

Pitching or Catching _____

Injuries? _____

What would you like to work on?

Please make checks payable to Tomkat Baseball LLC
& mail to 4495 Timberline Ct. / Vadnais Heights, MN 55127

UST is located at:
2115 Summit Ave.
St. Paul, MN 55125

You will receive a conformation email on receipt of your registration
and payment

All sessions will be held in the Anderson Athletic & Recreation Building

For parking information and directions please go to
www.stthomas.edu , or call 651-962-5924 for Coach Olean



The New Anderson Athletic & Recreation Complex



UST Baseball "decide – commit – succeed"